

# EXCEL PEDIATRICS

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Congratulations on your newborn baby! Whether this is your first time as a parent or not, a newborn baby is always a blessing.

This packet will help guide you through the basics of infant care. It will help you to recognize potential concerns and when you need to seek medical help.

There are many changes that take place and new things to learn when you become a parent. It doesn't happen overnight. Be patient. The love you have for your baby will help you to become a good parent!

**We encourage you to contact our office anytime you have questions or concerns about your newborn.**